

# <u>Sirv RiseUp Conference Fact Sheet –</u> <u>For Parents</u>

RiseUp: Redefining Strength and Brotherhood

At Sirv, we understand the importance of raising boys who are respectful, resilient, and emotionally intelligent. Our RiseUp program supports boys aged 10–17 to explore healthy masculinity, build confidence, and develop leadership grounded in integrity.

### What Your Son Will Learn

- · Healthy identity & self-worth
- Emotional resilience & regulation
- Positive friendships & peer support
- Leadership with integrity
- Respectful communication

Through engaging group discussions, hands-on activities, and supportive peer connections, participants leave with lifelong tools and a deeper understanding of what it means to lead with respect.

Program Options & Pricing				
Program Type	Duration	Price (incl. GST)	Max Participants	Location
Half-Day Workshop	3 hours	\$50 per participant	Up to 50	Any location*
Full-Day Workshop	6 hours	\$80 per participant	Up to 50	Any location*
6-Week Program	1 hour/week (x6)	\$25 per session	Up to 30	Toowoomba only

### **Parents Choose RiseUp**

- Trusted, experienced youth facilitators
- Age-appropriate, real-world content

- Emphasis on safety, inclusion, and personal growth
- Complements Sirv's EmpowerHer initiative for girls

## Available In

- Toowoomba & Darling Downs
- Regional & Western QLD
- Outreach to rural communities (in-person or virtual)

# **Contact & Bookings**

Sally How

Managing Partner – Behaviour Specialist



