

Sirv Positive Parenting Workshop – Fact Sheet

Empowering Families Through Connection & Confidence

Sirv's Positive Parenting Workshop equips parents and carers with the tools to raise emotionally healthy, confident, and respectful children. Designed for families with children aged 2–12, this practical, evidence-based workshop helps build a foundation for lifelong wellbeing.

Workshop Goals

- Strengthen parent-child relationships
- Replace yelling and conflict with calm connection
- Promote resilience, cooperation, and healthy boundaries
- Understand the neuroscience behind behaviour
- Support parents to feel more confident and less overwhelmed

What You'll Learn

- The power of connection before correction
- How to set boundaries without shame or punishment
- Understanding big emotions and emotional regulation
- Routines, rhythms, and practical problem-solving
- Building confidence and emotional safety in your home

Workshop Format & Cost

Format	Duration	Price (incl. GST)	Delivery Options
Standard Workshop	2.5–3 hours	\$60 per person	In-person or Online
Small Group Series	4 x 1.5 hr sessions	\$180 full series	Weekly (Toowoomba only)
Custom PD Session	60–90 min	Contact for quote	For educators/organisations



**Behaviour
Support.**

sirv
we serve you

Discounts available for couples, school groups & early bookings.

Why Choose Sirv?

- Behaviour specialists with trauma-informed expertise
- Non-judgmental, compassionate delivery
- Real-world tools backed by neuroscience
- Parent-tested, professional-approved strategies

Who Should Attend?

- Parents of children aged 2–12
- Carers, grandparents, foster/kinship carers
- Educators looking to align home–school strategies

Contact & Bookings

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