

# **Functional Behaviour Assessment (FBA)**

Understanding the "why" behind behaviour to create lasting change

At Sirv, we believe behaviour is communication. A Functional Behaviour Assessment helps uncover the unmet needs, stressors, and triggers behind behaviours of concern. Whether you're supporting a child, teenager or young adult, an FBA offers deep insight into what's driving their behaviour — and how to respond effectively.

#### What is a Functional Behaviour Assessment?

An FBA is a structured, evidence-informed assessment process that seeks to understand:

- The function (or purpose) of behaviour
- The triggers and patterns that maintain it
- The underlying needs the person is trying to express
- The environmental, emotional or sensory factors contributing to distress

It forms the foundation for a Positive Behaviour Support Plan (PBSP) that is proactive, supportive and strengths-based.

#### Who is it for?

- Children and adolescents aged 0–17
- Young people and adults with disability or complex needs
- Participants at risk of placement breakdown, suspension or service exclusion
- Families, schools, or support teams needing clarity and coordinated strategies

#### What's Included

- Background review and information gathering
- Observation in relevant settings (home, school, community)
- Interviews with parents, educators or support teams
- Behavioural analysis using clinical tools and practice frameworks
- Functional summary and recommendations
- Option to include a Positive Behaviour Support Plan (charged separately)

**Pricing & NDIS Item Code** 



Service Type	NDIS Item Code	Price (per hour)	Notes
Report Writing	As above	\$234.83	Invoiced based on time required
Travel (if required)	As per NDIS guidelines	Prorated	From provider's usual place of work

- ✓ Self-managed and plan-managed NDIS participants welcome
- ✓ Private fee-for-service available on request

## Why Sirv?

- Attachment-informed and relationship-first
- Neurodiversity-affirming and trauma-aware
- Clear, practical recommendations tailored to each child's world
- Deep experience across home, education, OOHC, and complex care settings

#### **Available Across**

- Toowoomba & Darling Downs
- Regional & Western Queensland
- Outreach to rural communities (in-person or virtual)

### **Contact & Bookings**

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